

Cheerful Home Daycare	(217) 228-0654
Kiddie Korner	(217) 223-0084
Make A Wish Foundation	1 (800) 978-9474
MOPS (Mothers of Preschoolers)	(217) 222-5085
Parsons Kids Center.....	(217) 224-2315
Salvation Army Kroc Center	(217) 222-5762
Tri-state Educators Association of Christian Homeschools (TEACH)	(217) 316-0172
West Central Child Care Connection	(217) 222-2550
WQEC/PBS Quincy.....Channel 27	(866) 498-5561
YMCA	(217) 222-9622

Parent Support/Education:

Adams County	
All Our Kids Network	(217) 222-8440 ext. 107
Becoming A Mom Classes	(217) 222-8440
Big Brothers/Big Sisters	(217) 223-5452
Breast Feeding Support Group	(217) 223-8400 ext. 5901
CareNet Pregnancy Services	(217) 223-8200
Chaddock (foster parent)	(217) 222-0034
Consumer Product Safety Commission CPSC-Recalls	CPSC.gov
Cornerstone: Foundation for Families	(217) 222-8254
DCFS Licensing & Recruitment (foster parent/family & daycare)	(217) 221-2525
Hobby Horse House	(217) 243-7708
Keepers Project.....	(217) 316-0628
Lutheran Child and Family Services	(217) 544-4631
Make A Wish Foundation	(800) 918-9474
Moms Uplifting Moms (MUMS) Madison Park Church	(217) 222-2529
MOPS (Moms of Preschoolers) Luther Memorial Church	(217) 222-5085
Parents as Teachers-Transitions (0-3 Program).....	(217) 223-0413
Parent Help Line	(888) 727-5889

Quincy Catholic Charities	(217) 222-0958
Quincy Area Autism Support Group	(217) 222-6550 ext. 3418
Quincy Public Library.....quincylibrary.org	(217) 223-1309
Ready Set Grow	readyssetgrowwci.org
Safe Kids Adams County	(217) 222-8440
Safe Kids Worldwide (Safety/Injury Prevention)	safekids.org
Text4baby: Pregnant & New Moms (app)	text4baby.org
Ultimate Car Seat Guide.....	ultimatecarseatguide.org
University of Illinois Extension/4-H	(217) 223-8380
WQEC/PBS Quincy.....Channel 27	(866) 498-5561
VROOM (app)	vroom.org
Young Life/Mentoring Moms	(217) 223-5470
SIU Center for Family Medicine.....	(217) 224-9484

Adult Education/Job Training:

GED Program	(217) 641-4951
Gem City College	(217) 222-0391
Illinois Employment and Training Center.....	(217) 222-1560
Illinois Office of Rehabilitation Services.....	(217) 223-0550
John Wood Community College	(217) 224-6500
Manpower Temporary Services	(217) 224-0018
Quincy Area Safety Council.....	(217) 224-0149
Quincy Public Library.....quincylibrary.org	(217) 223-1309
Quincy University	(217) 222-8020
Regional Superintendent of Schools	(217) 277-2080
Transitions of Western Illinois/CRC	(217) 224-2194
University of Illinois Extension	(217) 223-8380
Workforce Investment Program.....	(217) 222-1560 ext. 230

Recreation:

Boy Scouts of America	(217) 224-0204
Casino Lanes	(217) 222-1512
Catholic Youth Organization	quincycyo@gmail.com
Legacy Martial Arts	(217) 221-0700
Indoor Playground.....	(217) 223-7703

Girl Scouts of Central Illinois	(217) 222-1030
Going Bonkers	(217) 223-6331
Great River Martial Arts.....	(217) 257-9000
Illinois Veteran's Home - War Museums & Deer Park	(217) 222-8641
Indian Mounds Pool	(217) 228-9219
K & L Arena	(217) 228-0960
Knights of Columbus Driving Range	(217) 222-1000
Kroc Center	(217) 222-5762
Jackson Lincoln Swimming Complex	(217) 228-1705
My Brothas My Sistas Keepers	(217) 316-0628
Network Knowledge WQEC/PBS TV.....Channel 27	(866) 498-5561
Quincy Art Center	(217) 223-5900
Quincy Bike Rental	(217) 214-3700
Quincy Convention and Visitors Bureau.....	(217) 214-3700
Quincy Gems Baseball	(217) 223-1000
Quincy Gymnastics Center.....	(217) 224-8491
Quincy Mall	(217) 223-8713
Quincy Museum	(217) 224-7669
Quincy Park District/Indoor Playground	(217) 223-7703
Quincy Public Library.....quincylibrary.org	(217) 223-1309
Quincy Public Library	(217) 223-1309
Quincy Raceways	(217) 224-3843
Special Olympics.....	(217) 322-7451
Scotties Fun Spot	(217) 222-3868
Siloam Springs State Park	(217) 894-6205
Tangerine Bowl	(217) 222-8270
University of Illinois Extension/4-H	(217) 223-8380
Upper Moorman Park (Batting Cages, Miniature Golf, Paddle Boats)	(217) 228-1261
Villa Kathrine	(217) 224-3688
Westview Golf Course	(217) 223-7499
World Aero Space Museum	(217) 885-3800
WQEC/PBS Quincy.....Channel 27	(866) 498-5561
YMCA	(217) 222-9622

This Family Resource Guide is made available through funding provided by the Illinois Department of Human Services.



The AOK Network is a special project of the Adams County Health Department.

Adams County All Our Kids Network Coordinator
Adams County Health Department
217-222-8440 ext. 107
email: allourkids@co.adams.il.us
AOK website: www.co.adams.il.us/aok



Family Resource Guide

All Our Kids (AOK) Early Childhood Networks
When **Communities** build what they dream
Then **Families** get what they need
And **Children** thrive



The AOK Network is a county-based partnership committed to ensuring that children 0-5 and their families have an opportunity to receive the services they need.

**Immediate Emergency Help
911**

General Information & Referral to Community Services:

AOK-Adams County All Our Kids

Network Coordinator.....	(217) 222-8440 ext. 107
United Way Helpline	(217) 224-1223
General Assistance.....	(217)223-4970

Crisis Hotlines:

AIDS-HIV-STD Hotline	(800) 243-2437
American Red Cross	(217) 222-2477
Child Abuse/Illinois	(217) 252-2873
Consumer Product Safety Commission (Recalls)	CPSC.gov
Elder Abuse.....	(800) 252-8966
Illinois Hunger Hotline	(800) 359-2163
Illinois Tobacco QUITLINE.....	1(866) 784-8937
National Center for Exploited or Missing Children	(800) 843-5678
National Runaway Hotline	(800) 786-2929
National Suicide Hotline.....	(800) 273-8255
Poison Control.....	(800) 222-1222
Quanada Domestic Violence/ Sexual Assault Hotline	(800) 369-2287
Transitions of Western Illinois Mental Health Crisis Line	(217) 222-1166 or (800) 779-4357

Non-Emergency Numbers:

Adams County Sheriff's Department	(217) 277-2200
Adams County Animals Shelter	(217) 222-2133
Child Support Enforcement	(800) 447-4278
Consumer Product Safety Commission CPSC-Recalls.....	CPSC.gov
Crime Stoppers	(217) 228-4474
Diamond Cab Co	(217) 222-6700
Humane Society	(217) 223-9471
Illinois Department of	

Employment Services	(217) 222-1560
Land of Lincoln Legal Assistance	(618) 394-7300
Quincy Police Department	(217) 228-4470
Quincy Senior & Family Center	(217) 592-3746
Quincy Transit Line	(217) 228-4550
Social Security Administration	(217) 224-8902 or (800) 772-1213
U.S. Postal Service Information	(800) 275-8777
United Way Helpline.....	(217) 224-1223
West Central Illinois Area Agency on Aging	(217) 223- 7904

Abuse/Family Violence:

Advocacy Network for Children	(217) 223-2272
Child Abuse Hotline	(800) 252-2873
Department of Children & Family Services	(217) 221-2525
Elder Abuse Hotline	(800) 252-8966
Prevent Child Abuse Illinois	(217) 522-1129
Quanada Domestic Violence Program	(217) 222-0069 or (800) 369-2287
Quanada Sexual Assault Program	(217) 223-2030 or (800) 369-2287
Victim and Witness Program	(217) 277-2229
Violence Intervention Services- The Eve Project	(217) 242-8896
The Men's Group	(217) 228-0126

Assessments/Screenings: Developmental

Ages and Stages Developmental Screenings (ASQ and ASQ-SE).....	(217) 222-8440
Chaddock	(217) 222-0034
Child and Family Connections (0-3 Screenings)	(217) 222-9592
Clarity Healthcare (Behavioral)	(217) 222-6277
Cornerstone: Foundation for Families	(217) 222-8254
Early Childhood and	

Family Center (Pre School)	(217) 228-7121
Quincy Medical Group.....	(217) 222-6550
Parents as Teachers (0-3 Program)	(217) 223-0413
SIU Center for Family Medicine – Quincy.....	(217) 224-9484

Counseling/Support Groups:

24/7 Dad - Care Net	(217) 223-8200
Blessing Hospital	(217) 223-1200
Addicts Victorious, Inc.....	(217) 223-1388
Chaddock	(217) 222-0034
Cornerstone: Foundations for Families	(217) 222-8254
Family Solutions	(217) 223-7492
First Baptist Church/Dad's Matter.....	(573) 684-3298
Hetzler and Associates.....	(217) 257-8262
Lutheran Child and Family Services	(217) 222-0106
Madison Park Christian Church	(217) 222-2529
New Start Rescue Mission	(217) 223-2100
Preferred Family Healthcare.....	(217) 222-3711
Quincy Catholic Charities	(217) 222-0958
Quincy Medical Group.....	(217) 222-6550
SIU Center for Family Medicine – Quincy.....	(217) 224-9484
SHARE Support Group for Grieving Parents	(217) 223-1200 ext. 6825
Transitions of Western Illinois	(217) 223-0413

Food/Clothing Assistance:

Adams County Health Department- WIC.....	(217) 222-8440
Camp Point Community for Christ Assistance Program.....	(217) 593-7052
Crossing 929	(217) 214-0929
General Assistance of Adams County	(217) 223-4970
Horizons.....	(217) 224-5530
Illinois Department of Human Services/ Public Aid DHS.....	(217) 223-0550
Ladies of Charity	(217) 222-3541
Lutheran Church of St. John	(217) 222-8579

Madison Park Christian Church	(217) 222-2529
Meals for the Needy Salem Church	(217) 222-0601
Quanada	(217) 222-0069
Quincy Catholic Charities	(217) 222-0958
Salvation Army Family Services.....	(217) 222-2087
Two Rivers Regional Council of Public Officials	(217) 224-8171
United Way Helpline.....	(217) 224-1223

Housing/Shelters:

Habitat for Humanity	(217) 223-4224
Homeless Youth Program	(217) 223-0413
Housing Authority of Adams County	(217) 894-7022
Quanada Domestic Violence Shelter	(217) 222-0069
Quincy Housing Authority	(217) 222-0720
Salvation Army Family Services	(217) 222-2087
Two Rivers Regional Council of Public Officials	(217) 224- 8171
United Way Helpline.....	(217) 224-1223
Well House for Women in Transition/Shelter	(217) 617-2312
YWCA	(217) 221-9922

Medical/Dental Services:

Adams County Health Department- SIU Center for Family Medicine-Quincy Dental Clinic.....	(217) 222-8440
Wellness Express (mobile health clinic)	(217) 222-8440
Blessing Hospital	(217) 223-1200
Blessing Physician Services	(217) 224-6423
Blessing Care Coordination	(217) 277-5560
Clarity Healthcare.....	(217) 222-6277
Community Outreach Medical Clinic (adults)	(217) 223-8400 ext. 4257
Quincy Catholic Charities MedAssist Program	(217) 222-0958
Quincy Medical Group	(217) 222-6550
SIU Center for Family Medicine – Quincy.....	(217) 224-9484

Family Planning/Pregnancy Services:

Adoption Information	(800) 572-2390
Birthingright of Quincy.....	(217) 224-1277 or (800) 550-4900
Care Net Pregnancy Services	(217) 223-8200
Pathway Health Clinic.....	(217) 224-6877
First Steps-Cornerstone	(217) 222-8254

Child Development/Public Schools:

Central Pre-K Program	(217) 593-7795
Child and Family Connections (0-3 EI Screenings)	(217) 222-9592 or (888) 222-9592
Division of Specialized Care for Children	(217) 524-2000
First Steps: Cornerstone	(217) 222-8254
Liberty Pre-K Program	(217) 645-3263
Parent and Child Together (PACT).....	(217) 593-6777
for West Central Illinois	(217) 773-3903
Parents as Teachers- Transitions (0-3 Program)	(217) 223-0413
Payson Pre-K Program	(217) 656-3439
Preschool Screenings	(217) 228-7121
Quincy Early Childhood Pre K/Head Start	(217) 228-7121
Quincy Public Library.....	quincylibrary.org (217) 223-1309
Quincy Public Schools Special Education District	(217) 223-8700
Regional Office of Education	(217) 277-2080
SIU Center for Family Medicine – Quincy.....	(217) 224-9484
Unity Preschool Screening.....	(217) 936-2111

Child Care Resources/After School Programs:

10th Street Children's Academy	(217) 214-1095
Adams County Substance Abuse Coalition.....	(217) 222-8440
Adams County Teen REACH	(217) 740-6643
Becoming A Mom Classes	(217) 222-8440
Catholic Youth Organization	quincycyo@gmail.com